



IOWA STATE WRESTLING

2009-10 SCHEDULE

November

Nov. 12 South Dakota State **W, 43-3**

Nov. 14 Harold Nichols/Cyclone Open **7 Titles**

Nov. 21 at Omaha Open 1 Title

December

Dec. 6 Iowa% **L, 16-18**

Dec. 19 at Northern Iowa 2 p.m.

Dec. 29-30 at Midlands Championships All Day
(Evanston, Ill.)

January

Jan. 3 at Minnesota 2 p.m.

Jan. 9-10 at National Duals All Day
(Cedar Falls, Iowa)

Jan. 16 Illinois **7 p.m.**

Jan. 22 at Oklahoma* 7 p.m.

Jan. 24 at Oklahoma State* 2 p.m.

Jan. 31 at Cornell 1 p.m.

February

Feb. 7 at Arizona State TBA

Feb. 14 Missouri* **2 p.m.**

Feb. 21 Nebraska* **2 p.m.**

March

March 6 at Big 12 Championships All Day
(Lincoln, Neb.)

March 18-20 at NCAA Championships All Day
(Omaha, Neb.)

Home Matches In Bold

All Times Central

All Home Matches at Hilton Coliseum

** denotes Big 12 Conference Opponent*

% denotes Hy-Vee Cy-Hawk Series

No. 2 Cyclones Stay In-State for Dual at UNI

NO. 2 IOWA STATE (1-1) AT NORTHERN IOWA (3-5)



Dual Three: Northern Iowa

Sat., Dec. 19; 2 p.m. CST

Cedar Falls, Iowa • West Gym



Live Stats available at cyclones.com

Television: Iowa Public Television (Live)

Talent: Tim Johnson (pxp); Dan Gable (color)

Cyclone Notebook

- Iowa State will battle intrastate foe Northern Iowa for the 68th meeting between the two wrestling programs.
- The second-ranked Cyclones were thwarted in an upset attempt of No. 1 Iowa Dec. 6 in Hilton Coliseum. ISU was stopped 18-16 by the Hawkeyes.
- ISU is 1-1 in the 2009-10 dual season with the lone victory coming Nov. 12 in Hilton Coliseum over South Dakota State by a score of 43-3.
- ISU is currently ranked 2/2 in the InterMat and *W.I.N. Magazine* polls, respectively.
- Iowa State is 990-262-20 all-time in duals, dating back to 1916.
- The Cyclones are coming off a third-place showing at last year's NCAA Championships.
- Iowa State returns four grapplers who earned All-America honors in at the 2009 NCAA Championships: Nick Gallick (141), Jon Reader (165), Jake Varner (197) and David Zabriskie (HWT). ISU 133-pounder Nick Fanthorpe was an All-American in 2008.
- Iowa State's five returning All-Americans sport a combined record of 21-0 thus far in their 2009-10 campaigns.
- ISU won a third-straight Big 12 Conference Wrestling Championship last season. The Cyclones had never won a consecutive trio of league titles. Iowa State tied for first with Nebraska with 70 points. Nick Fanthorpe (133) and David Zabriskie (HWT) notched their second conference individual titles.

NO. 2/2 IOWA STATE CYCLONES

Probable Starters

| Weight | Ranking | Name | Year | Hometown | 2009-10 Overall/Dual Record |
|--------|---------|-----------------|------|-----------------------|-----------------------------|
| 125 | 13/11 | Andrew Long | RFr. | Creston, Iowa | 9-1/0-1 |
| 133 | 5/6 | Nick Fanthorpe | Sr. | Naperville, Ill. | 1-1/1-1 |
| 141 | 2/1 | Nick Gallick | Sr. | Tucson, Ariz. | 5-0/2-0 |
| OR | | Dalton Jensen | So. | Missouri Valley, Iowa | 8-3/0-0 |
| 149 | 14/13 | Mitch Mueller | Sr. | Iowa City, Iowa | 10-2/1-1 |
| 157 | | Nate Carr, Jr. | Jr. | Gray, Ga. | 4-1/1-0 |
| OR | | Andrew Sorenson | So. | Woden, Iowa | 12-2/0-1 |
| 165 | 3/3 | Jon Reader | Jr. | Davison, Mich. | 6-0/2-0 |
| 174 | 11/15 | Duke Burk | Sr. | Peoria, Ill. | 6-1/1-1 |
| 184 | 12/9 | Jerome Ward | So. | Evergreen Park, Ill. | 5-1/1-0 |
| 197 | 1/1 | Jake Varner | Sr. | Bakersfield, Calif. | 7-0/2-0 |
| HWT | 5/6 | David Zabriskie | Sr. | Branchville, N.J. | 6-0/2-0 |

Rankings: InterMat (12/15/09), *W.I.N. Magazine* (12/14/09)

Head Coach: Kevin Jackson

Assistant Coaches: Chris Bono and Yero Washington

Volunteer Coach: Nate Gallick

Director of Operations: Molly Donnelly

CYCLONES ON THE WEB

All Iowa State home wrestling matches are broadcast on the Clone Zone and special features are available on the 2009-10 Cyclone wrestling squad. Fans can also access statistics, results and dual recaps at cyclones.com.



Contact **Patrick Crawford, Student Communications Assistant**

Iowa State University Athletics Jacobson Athletic Building Ames, IA 50011-1140 515-294-3372 cyclones.com

Head Coach Kevin Jackson



Former Olympic gold medalist and two-time World Champion Kevin Jackson was named Iowa State's head wrestling coach on May 1, 2009

Jackson captured gold medals at the 1992 Olympic Games in Barcelona, Spain and at the

World Championships in both 1991 (Varna, Bulgaria) and 1995 (Atlanta). He is one of just five wrestlers in U.S. history with three career world-level titles. Jackson is a member of the FILA International Wrestling Hall of Fame, the United States National Wrestling Hall of Fame (as a distinguished member) and the Iowa State University Athletics Hall of Fame (2007 inductee).

Jackson served eight years (2001-08) as the National Freestyle Coach for USA Wrestling. His 2001 freestyle team won the World Cup, the 2003 team placed second and the 2006 squad finished third at that meet.

As a college wrestler, he attended Louisiana State and earned All-America honors three times before the school dropped the sport. He transferred to Iowa State for his senior year and captained the Cyclones' last NCAA championship team (1987), earning another All-America award with a NCAA runner-up finish and registering a 30-3-1 record.

After college, Jackson won two Pan American Games titles and was a member of World Championship teams for the United States in both 1993 and 1995. He won three U.S. National Titles and placed second five times. Jackson also became the first American to win the prestigious Takhti Cup (1998) in Tehran, Iran.

Jackson's success earned him a number of major awards, including the 1995 John Smith Award as National Freestyle Wrestler of the Year, 1992 Amateur Wrestling News Man of the Year and 1991 USA Wrestling and USOC Wrestler of the Year.

Jackson Career Totals

| Year | School | Record | Pct. |
|---------|------------|--------|------|
| 2009-10 | Iowa State | 1-1 | .500 |

ISU: overall (1-1, .500) conf. (0-0, .000)

TOTAL: Same

Iowa State vs. Northern Iowa Series Notes

- Iowa State leads in the all-time series against Northern Iowa, 51-16.
- The Cyclones have won seven-straight meetings between the two schools, including a 31-3 victory over UNI at the 2008 NWCA/Cliff Keen National Duals.
- Last season, ISU dropped only one individual decision and forfeited a match to the Panthers en route to a 26-9 victory. Two Cyclones notched major decisions.

No. 2 Iowa State 26, No. 21 Northern Iowa 9

Feb. 6, 2009 - Hilton Coliseum, Ames, Iowa

125 – Tyler Clark (ISU) dec. Cruse Aarhus (UNI), 10-4
 133 – Steven Fitzgerald (UNI) won by forfeit
 141 – Nick Gallick (ISU) dec. Trent Washington (UNI), 9-2
 149 – Mitch Mueller (ISU) dec. Brett Robbins (UNI), 7-3
 157 – Cyler Sanderson (ISU) major dec. Tyson Reiner (UNI), 14-4
 165 – Jon Reader (ISU) dec. Moza Fay (UNI), 4-2
 174 – Duke Burk (ISU) dec. Scott Hazen (UNI), 8-2
 184 – Alex Dolly (UNI) dec. Jerome Ward (ISU), 3-2
 197 – Jake Varner (ISU) major dec. Andrew Anderson (UNI), 9-1
 HWT – David Zabriskie (ISU) dec. Christian Brantley (UNI), 3-3 RT (TB2)

Scouting Northern Iowa

- The Panthers are 3-5 in dual action in the 2009-10 season. UNI dropped in dual action Dec. 10 to No. 1-ranked Iowa, 48-3. They also came up short against 24th-ranked Wisconsin Dec. 12, by a score of 25-11.
- Sophomore Panther heavyweight Christian Brantley and redshirt freshman David Bonin (165) are tied for the team lead in victories. Brantley holds a 9-4 record and Bonin sports a mark of 9-6.
- UNI returns seven NCAA qualifiers in Brantley, Trevor Kittleson (149), Tyson Reiner (157), Andy O'Loughlin (184) and Trent Washington (141). Caleb Flores (125) and Nick Pickerell (165) qualified in 2008 but sat out last season due to injuries.
- The Panthers defeated Michigan State (18-13) and Harvard (26-10) in dual action at the Sprawl and Brawl in Binghamton, N.Y. Nov. 22 before falling to Rutgers, 25-10.
- Northern Iowa head coach Brad Penrith holds a career record of 83-68-4.

NORTHERN IOWA PANTHERS

Probable Starters

| Weight | Ranking | Name | Year | Hometown | 2008-09 Overall Record |
|--------|---------|--------------------|------|--------------------|------------------------|
| 125 | | Caleb Flores | Jr. | Rosemead, Calif. | 1-5 |
| OR | | Terrance Young | Jr. | Minneapolis, Minn. | 7-3 |
| 133 | | Ryan Jauch | RFr. | Crystal Lake, Ill. | 4-6 |
| OR | | Joey Lazor | Fr. | McDonough, Ga. | 5-6 |
| 141 | | Alec Hoffman | RFr. | Davenport, Iowa | 5-3 |
| 149 | | Jamal Lawrence | So. | Merrillville, Ind. | 4-4 |
| 157 | | Tyson Reiner | Sr. | Mitchell, S.D. | 5-3 |
| 165 | | David Bonin | RFr. | Broussard, La. | 9-6 |
| 174 | | Jarion Beets | Jr. | Cedar Rapids, Iowa | 5-2 |
| OR | | Scott Hazen | Sr. | Underwood, Iowa | 3-2 |
| 184 | | Andy O'Loughlin | Jr. | Independence, Iowa | 7-5 |
| 197 | | Dustin Bauman | Jr. | Stratford, Wis. | 5-7 |
| 285 | | Christian Brantley | So. | Homewood, Ill. | 9-4 |

Head Coach: Brad Penrith

Assistant Coaches: Randy Pugh, Jose DeAnda, Sean Stender, Mark Rial

Rankings: InterMat (12/15/09), *W.I.N. Magazine* (12/14/09)

ALL-TIME SERIES

IOWA STATE VS. NORTHERN IOWA

| | | |
|----------------------|----------------------|-----------------|
| Jan. 26, 1924 | Northern Iowa | W, 21-0 |
| Jan. 9, 1930 | at Northern Iowa | W, 26-8 |
| Jan. 17, 1931 | at Northern Iowa | W, 20-8 |
| Jan. 9, 1932 | Northern Iowa | W, 28-6 |
| Feb. 7, 1933 | Northern Iowa | W, 27-3 |
| Jan. 26, 1934 | at Northern Iowa | W, 28-6 |
| Jan. 11, 1936 | at Northern Iowa | W, 17-11 |
| Feb. 7, 1936 | Northern Iowa | W, 15-11 |
| Jan. 14, 1937 | at Northern Iowa | W, 15-11 |
| Feb. 1, 1938 | at Northern Iowa | W, 21-13 |
| Feb. 15, 1939 | Northern Iowa | W, 21-9 |
| Feb. 14, 1940 | at Northern Iowa | L, 13-17 |
| Feb. 26, 1941 | Northern Iowa | L, 9-15 |
| Feb. 18, 1942 | Northern Iowa | L, 11-15 |
| Feb. 22, 1943 | Northern Iowa | L, 12-16 |
| Feb. 20, 1946 | at Northern Iowa | L, 10-20 |
| Jan. 21, 1947 | Northern Iowa | L, 5-25 |
| Feb. 3, 1948 | at Northern Iowa | L, 5-23 |
| Feb. 21, 1949 | Northern Iowa | L, 5-26 |
| Feb. 17, 1950 | at Northern Iowa | L, 5-20 |
| Jan. 26, 1951 | Northern Iowa | L, 6-22 |
| Feb. 21, 1952 | at Northern Iowa | L, 10-18 |
| Jan. 23, 1961 | at Northern Iowa | W, 16-11 |
| Feb. 10, 1962 | Northern Iowa | W, 17-8 |
| Jan. 26, 1963 | at Northern Iowa | W, 23-3 |
| Feb. 20, 1964 | Northern Iowa | W, 34-0 |
| Feb. 6, 1965 | at Northern Iowa | W, 32-0 |
| Jan. 21, 1966 | Northern Iowa | W, 35-0 |
| Feb. 17, 1967 | at Northern Iowa | W, 20-11 |
| Feb. 10, 1976 | Northern Iowa | W, 26-14 |
| Feb. 8, 1977 | at Northern Iowa | W, 34-9 |
| Jan. 14, 1978 | at Northern Iowa | W, 31-9 |
| Dec. 8, 1978 | Northern Iowa | W, 27-14 |
| Jan. 14, 1980 | at Northern Iowa | W, 24-9 |
| Dec. 13, 1980 | Northern Iowa | W, 28-12 |
| Jan. 28, 1982 | at Northern Iowa | W, 23-10 |
| Jan. 31, 1983 | Northern Iowa | W, 33-6 |
| Jan. 28, 1984 | at Northern Iowa | L, 17-21 |
| Feb. 15, 1985 | Northern Iowa | W, 35-5 |
| Feb. 8, 1986 | at Northern Iowa | W, 26-11 |
| Feb. 16, 1987 | Northern Iowa | W, 25-12 |
| Jan. 19, 1988 | at Northern Iowa | L, 17-19 |
| Jan. 21, 1989 | Northern Iowa | W, 20-18 |
| Feb. 1, 1990 | at Northern Iowa | W, 20-14 |
| Jan. 4, 1991 | Northern Iowa | W, 32-5 |
| Jan. 28, 1992 | at Northern Iowa | W, 32-5 |
| Jan. 30, 1993 | Northern Iowa | W, 25-12 |
| Jan. 14, 1994 | at Northern Iowa | L, 16-18 |
| Feb. 5, 1995 | Northern Iowa | W, 38-6 |
| Feb. 11, 1996 | at Northern Iowa | W, 34-7 |
| Feb. 23, 1997 | Northern Iowa | W, 34-4 |
| Feb. 22, 1998 | at Northern Iowa | W, 32-3 |
| Feb. 21, 1999 | Northern Iowa | W, 38-6 |
| Feb. 20, 2000 | at Northern Iowa | W, 33-8 |
| Feb. 18, 2001 | Northern Iowa | W, 29-15 |
| Jan. 6, 2002 | Northern Iowa | W, 20-18 |
| Feb. 24, 2002 | at Northern Iowa | W, 25-12 |
| Jan. 26, 2003 | Northern Iowa | L, 16-22 |
| Jan. 17, 2004 | vs. Northern Iowa* | L, 21-22 |
| Jan. 24, 2004 | at Northern Iowa | W, 19-16 |
| Jan. 15, 2005 | Northern Iowa | W, 25-16 |
| Jan. 22, 2006 | at Northern Iowa | W, 24-15 |
| Dec. 17, 2006 | Northern Iowa | W, 38-3 |
| Dec. 16, 2007 | at Northern Iowa | W, 29-10 |
| Jan. 12, 2008 | vs. Northern Iowa* | W, 31-3 |
| Feb. 6, 2009 | Northern Iowa | W, 26-9 |

* denotes National Duals

No. 2 ISU Drops Close Dual to No. 1 Iowa, 18-16

- Bonus points turned out to be the difference as the second-ranked Iowa State wrestling team dropped a close dual to top-ranked Iowa, 18-16. The Cyclones split the 10 contested weight classes with the Hawkeyes, 5-5, Dec. 6 at Hilton Coliseum.
- A crowd of 11,137 fans clamored into the rafters of Hilton to see the No. 1 versus No. 2 mat matchup. Fans were treated to an exciting Hilton setup as the wrestling action was elevated into the air by a four-foot stage.
- Sophomore Cyclone Jerome Ward proved to notch the biggest upset of the night as he took down Iowa's top-ranked Phillip Keddy by decision, 5-3. Leading in the third period by a score of 3-2, Ward distanced his lead over Keddy by finishing a single-leg takedown attempt near the edge of the mat.
- Three-time NCAA finalist Jake Varner added bonus points to the ISU score with a 12-4 major decision of Iowa's Chad Beatty. Varner compiled over three minutes of riding time in the victory.
- ISU heavyweight David Zabriskie was outweighed by Iowa's Blake Rasing by more than 60 pounds. The weight disadvantage didn't stop Zabriskie, a two-time All-American, as he scored a 3-1 win by decision in sudden victory.
- ISU's Jon Reader pulled out the 165-pound match to be victorious over Iowa's Ryan Morningstar, by a score of 4-3. Two-time All-American Cyclone Nick Gallick held off Iowa's Dan LeClere to take the 141-pound bout by decision, 8-6.

Reader and Varner Victorious at All-Star Classic

- Three-time NCAA finalist Jake Varner and two-time All-America honoree Jon Reader won their respective matches at the 44th annual edition of the NWCA All-Star Classic on Cal State-Fullerton's campus.
- Reader scored a bonus-point victory over Bucknell's Andy Rendos, 11-2 at 165 pounds. The ISU junior decided Rendos at both the 2008 and 2009 NCAA Championships.
- Top-ranked Varner wrestled to his third career victory at the All-Star event. The ISU senior 197-pounder controlled Nebraska's Craig Brester by decision, 5-3.
- ISU's David Zabriskie fell at heavyweight to Cal State-Bakersfield's Mitch Montiero, 6-3.
- Iowa State has had 68 participants in the NWCA All-Star Classic since its inception in 1967. The total ranks third behind Oklahoma State (81) and Iowa (74).

Long Wins, Iowa State Wrestles Strong in Omaha

- Iowa State crowned one champion (Long; 125) and six placewinners in the two respective divisions at the Kaufman-Brand Open on the campus of Nebraska-Omaha Nov. 21. The competition was split into two divisions, as participating wrestlers competed in elite and amateur brackets.

ISU WRESTLING QUICK FACTS

Iowa State University

| | |
|----------------------------|----------------------------------|
| President | Dr. Gregory L. Geoffroy |
| Director of Athletics..... | Jamie Pollard |
| Faculty Rep..... | Paula Morrow |
| Location | Ames, Iowa |
| Founded..... | 1858 |
| Nickname..... | Cyclones |
| Colors | Cardinal and Gold |
| Affiliation..... | Division I |
| Conference | Big 12 |
| Enrollment | 27,945 |
| Arena | Hilton Coliseum (7,914 / 14,356) |
| Athletics web site..... | cyclones.com |
| University web site..... | iastate.edu |

Coaching Staff

| | |
|---------------------------------------|------------------|
| Head Coach | Kevin Jackson |
| Record at Iowa State (years)..... | 1-1 (First year) |
| Assistant Coach..... | Chris Bono |
| Assistant Coach..... | Yero Washington |
| Volunteer Coach..... | Nate Gallick |
| Director of Wrestling Operations..... | Molly Donnelly |

Team Information

| | |
|---------------------------------------------|-------|
| 2008-09 Dual Record..... | 15-3 |
| 2008-09 Big 12 Conference Dual Record | 3-1 |
| 2009 Big 12 Championship Finish | T-1st |
| 2009 NCAA Championships Finish..... | 3rd |
| Starters Returning/Lost..... | 8/2 |
| NCAA Qualifiers Returning/Lost | 8/2 |
| All-Americans Returning/Lost | 5/1 |

Team History

| | |
|-------------------------------------------|-------------------|
| First Year of Wrestling | 1916 |
| All-Time Record | 990-262-20 (.786) |
| NCAA Team Championships | 8 |
|1933 (tied Oklahoma A&M), 1965, 1969 | |
|1970, 1972, 1973, 1977, 1987 | |
| Conference Championships..... | 15 |
|1933, 1937, 1941, 1947, 1958 | |
|1970, 1976, 1977, 1979, 1980 | |
|1982, 1987 (tied Oklahoma State) | |
|2007, 2008, 2009 (tied Nebraska) | |

**NWCA/USA TODAY
DIVISION I TEAM COACHES POLL
12/15/09**

| Rank | School | Total Points |
|-----------|-------------------|--------------|
| 1. | Iowa | 275 |
| 2. | Iowa State | 263 |
| 3. | Ohio State | 251 |
| 4. | Oklahoma State | 239 |
| 5. | Central Michigan | 229 |
| 6. | Minnesota | 214 |
| 7. | Cornell | 210 |
| 8. | Boise State | 197 |
| 9. | Maryland | 192 |
| 10. | Oklahoma | 181 |
| 11. | Lehigh | 166 |
| 12. | Nebraska | 152 |
| 13. | Indiana | 136 |
| 14. | Kent State | 125 |
| 15. | Penn State | 119 |
| 16. | Missouri | 103 |
| 17. | Edinboro | 100 |
| 18. | Wisconsin | 91 |
| 19. | Cal Poly | 67 |
| 20. | Illinois | 64 |
| 21. | Arizona State | 52 |
| 22. | Pittsburgh | 43 |
| 23. | Virginia | 35 |
| 24. | Old Dominion | 24 |
| 25. | Oregon State | 16 |

Other Receiving Votes: Binghamton, Bloomsburg, Penn, Purdue, Rutgers, Virginia Tech, Wyoming

**W.I.N. MAGAZINE
DUAL TEAM RANKING
12/14/09**

| Rank | School (Previous) | Record |
|-----------|-----------------------|------------|
| 1. | Iowa (1) | 7-0 |
| 2. | Iowa State (2) | 1-1 |
| 3. | Ohio State (3) | 5-0 |
| 4. | Oklahoma State (4) | 1-1-1 |
| 5. | Minnesota (5) | 3-1 |
| 6. | Central Michigan (6) | 5-0 |
| 7. | Maryland (7) | 7-1 |
| 8. | Boise State (8) | 4-0 |
| 9. | Lehigh (9) | 6-2 |
| 10. | Nebraska (10) | 5-2 |
| 11. | Oklahoma (11) | 4-0-1 |
| 12. | Cornell (12) | 0-1 |
| 13. | Indiana (13) | 8-0 |
| 14. | Cal Poly (15) | 2-0 |
| 15. | Penn State (14) | 5-1-1 |
| 16. | Arizona State (16) | 3-2 |
| 17. | Virginia (17) | 7-1 |
| 18. | Kent State (19) | 4-0 |
| 19. | Edinboro (18) | 2-2 |
| 20. | Oregon State (20) | 6-1 |
| 21. | Pittsburgh (22) | 6-1-1 |
| 22. | Virginia Tech (21) | 6-1 |
| 23. | Missouri (23) | 1-2 |
| 24. | Wisconsin (24) | 2-3 |
| 25. | Old Dominion (25) | 0-1 |

Iowa State Wrestlers Win Seven Harold Nichols Titles

- Cyclone wrestlers took seven individual crowns at the Harold Nichols/Cyclone Open Nov. 14 at the Lied Recreation Center on ISU's campus.
- ISU wrestlers went a combined 78-27 over the entire tournament.
- Cyclones Andrew Long (125), Mitch Mueller (149), Andrew Sorenson (157), Jon Reader (165), Duke Burk (174), Jake Varner (197) and David Zabriskie (HWT) all won individual titles.

ISU Wrestlers Take Down SDSU 43-3 In Jackson's Debut

- The No. 2 Iowa State wrestling team was firing on all cylinders Nov. 12 in Hilton Coliseum. ISU handled South Dakota State 43-3 for the first dual win of Cyclone head coach Kevin Jackson's career.
- ISU made an impact with its offense in front of a home crowd of 2,528. The Cyclones recorded 29 takedowns to South Dakota State's four. ISU also counted heavily on back points in the contest, scoring six three-point nearfalls and seven two-point nearfalls.

Three Seniors Near 100 Wins For Their ISU Careers

- Iowa State's Nick Gallick (97), Jake Varner (97) and David Zabriskie (96) are on the threshold of reaching the 100-win plateau for their Cyclone careers.
- Over their first three seasons, each respective Iowa Stater has been victorious in no less than 27 matches.
- The current ISU seniors can be the 33rd, 34th and 35th members of Iowa State wrestling's prestigious 100-Win Club.

Varner On Path "Four" Greatness

- Iowa State 197-pounder Jake Varner could become ISU's second four-time NCAA finalist at the end of his final campaign. Cael Sanderson was ISU's first four-time finalist, with his four NCAA titles and undefeated 159-0 career record.
- Varner was a two-time finalist at 184 pounds as a freshman and sophomore before taking the title last year after moving up to 197 pounds.
- The native of Bakersfield, Calif. could finish as ISU's first two-time NCAA champion since Eric Voelker (86-89) accomplished the feat in 1987 and 1989 at 190 pounds.

Varner Competes at World Wrestling Championships

- ISU's three-time NCAA finalist Jake Varner went 2-1 in his first World Wrestling Championships Sept. 21. Varner received a draw in the first round of action and then proceeded to edge Hungary's Daniel Ligeti 1-2, 2-0, 1-0. He then blanked Takao Isokawa of Japan 1-0, 1-0 to advance to the 96-kg quarterfinals. Varner was dropped in quarterfinal action by 2007 World silver medalist Saeid Abrahami of Iran in straight matches, 0-1, 0-1.

2009-10 DUAL STATS

| Weight | Name | Takedowns | Two-Point NF | Three-Point NF | Reversals | Escapes |
|--------------------|-----------------|-----------|--------------|----------------|-----------|-----------|
| 125 | Dallas Collier | 0 | 0 | 0 | 0 | 3 |
| 125 | Andrew Long | 1 | 0 | 0 | 0 | 5 |
| 133 | Nick Fanthorpe | 1 | 1 | 0 | 0 | 4 |
| 141 | Nick Gallick | 8 | 1 | 0 | 0 | 2 |
| 149 | Mitch Mueller | 6 | 1 | 0 | 0 | 1 |
| 157 | Nate Carr Jr. | 2 | 0 | 1 | 0 | 1 |
| 157 | Andrew Sorenson | 1 | 0 | 0 | 0 | 4 |
| 165 | Jon Reader | 2 | 1 | 1 | 0 | 1 |
| 174 | Duke Burk | 4 | 2 | 2 | 0 | 2 |
| 184 | Joe Curran | 4 | 0 | 2 | 0 | 1 |
| 184 | Jerome Ward | 2 | 0 | 0 | 0 | 1 |
| 197 | Jake Varner | 8 | 1 | 0 | 0 | 3 |
| HWT | David Zabriskie | 5 | 2 | 0 | 1 | 1 |
| Team Totals | | 44 | 9 | 6 | 1 | 29 |
| Opponent | | 24 | 0 | 1 | 2 | 36 |

2009-10 IOWA STATE WRESTLING INDIVIDUAL MATCH-BY-MATCH RESULTS



Duke Burk
Career - 25-10 / 9-5

2009 - 10 Season - 6-1 / 1-1

Joe Rasmussen (SDSU) W-TF, 16-1 (3:21)
Harold Nichols/Cyclone Open (1st place)
 Nolan McBryde (OU-Unatt.) W-TF, 17-2 (5:58)
 Riley Banach (UNI-Unatt.) W-TF, 19-4 (5:59)
 James Nakashima (Nebraska) W-MD, 13-3
 Ethan Lofthouse (Iowa-Unatt.) W-D, 3-1
 Chris Spangler (ISU) W-D, 3-1
 Jay Borschel (Iowa) L-D, 10-4

Nate Carr Jr.
Career - 17-7 / 2-0

2009 - 10 Season - 4-1 / 1-0

Nick Flynn (SDSU) W-MD, 9-1
Harold Nichols/Cyclone Open
 Darren Olsen (Minn. State-Mankato-Unatt.) W-D, 9-3
 Josh Calteux (Wartburg) W-TF, 22-7 (5:59)
 Jake Johnson (Lindenwood) W-D, 3-1
 Brett Robbins (UNI-Unatt.) L-Med. Def.

Nick Fanthorpe
Career - 83-24 / 40-11

2009 - 10 Season - 1-1 / 1-1

South Dakota State W-Forf.
 Daniel Dennis (Iowa) L-D, 10-8 (SV)

Nick Gallick
Career - 97-28 / 38-14

2009 - 10 Season - 5-0 / 2-0

Dustin Walraven (SDSU) W-MD, 14-2
Harold Nichols/Cyclone Open
 Kalen Lenz (Wartburg-Unatt.) W-MD, 20-4
 Tim Chavez (Nerbaska-Omaha) W-TF, 17-2 (6:59)
 Wilson Metellus (Lindenwood) W-D, 2-1
 Mario Morgan (Unatt.) L-Med. Forf.*
 Dan LeClere (Iowa) W-D, 8-6 (SV)

Dalton Jensen
Career- 28-10 / 0-2

2009 - 10 Season - 8-3 / 0-0

Harold Nichols/Cyclone Open (3rd place)
 Ben Lieben (Grand View-Unatt.) W-F, 3:37
 Kendrick Maple (OU-Unatt.) W-MD, 11-2
 Nick Coffman (Grand View) W-MD, 11-1
 Joey Slaton (Iowa-Unatt.) L-D, 10-3
 Kendrick Maple (OU-Unatt.) W-F, 3:45
 Dustin Walraven (SDSU) W-TF, 16-1
Kaufman-Brand Open (5th place)
 Geoff Martin (NDSU) W-TF, 18-1, 4:33
 Mike Koehline (Nebraska) W-D, 11-6
 Mario Morgan (Nerbaska-Omaha-Unatt.) L-D, 6-4
 Jimmy Savala (Chadron State) L-D, 5-3
 Cole VanOhlen (Air Force) W-Med. Forf.

Andrew Long
Career - 9-1 / 0-1

2009 - 10 Season - 9-1 / 0-1

Harold Nichols/Cyclone Open (1st place)
 Jeremiah Barkac (NIACC-Unatt.) W-F, 3:49
 Joe Colon (ICCC) W-D, 19-12
 Aaron Pickrel (SDSU) W-MD, 14-1
 Pat Hunter (ICCC) W-MD, 17-4
 JJ Krutsinger (Iowa) W-MD, 11-2

Kaufman-Brand Open (1st place)
 Andrew Zwerlein (Air Force) W-MD, 14-3
 Justin Solberg (NDSU) W-TF, 23-8, 4:43
 Aaron Pickrel (SDSU) W-MD, 16-4
 JJ Krutsinger (Iowa) W-MD, 14-6
 Matt McDonough (Iowa) L-D, 13-7

Mitch Mueller
Career - 76-40 / 30-20

2009 - 10 Season - 10-2 / 1-1

Nick Hagar (SDSU) W-D, 12-5
Harold Nichols/Cyclone Open (1st place)
 David Fuller (Wartburg-Unatt.) W-TF, 20-4, 6:59
 Ethan Pierson (ILCC) W-TF, 26-1, 5:59
 Brendon Parker-Risk (ICCC) W-MD, 16-6
 T.J. Moen (Wartburg) W-D, 3-2
 Sam Schmitz (Lindenwood) W-D, 8-2
Kaufman-Brand Open (3rd place)
 Andrey Patselov (NDSU) W-MD, 11-3
 Alec Williams (Air Force) W-MD, 12-4
 Jason Pyle (Luther) L-D, 9-8
 Justin Hale (ISU) W-MD, 15-7
 Esai Dominguez (Nebaska-Omaha) W-D, 5-3
 Brent Metcalf (Iowa) L-F, 5:50

Jon Reader
Career - 66-17 / 31-9

2009 - 10 Season - 6-0 / 2-0

Weston Blasius (SDSU) W-F, 1:42
Harold Nichols/Cyclone Open (1st place)
 Dave Foxen (Iowa-Unatt.) W-TF, 17-2, 4:33
 Tyler Koehn (Nebraska) W-F, 2:44
 Tyler Caldwell (OU-Unatt.) W-F, 4:07
 Ryan Pankoke (Nebraska-Omaha) W-MD, 17-6
NWCA All-Star Classic
 Andy Rendos (Bucknell) W-MD, 11-2*
 Ryan Morningstar (Iowa) W-D, 4-3

Andrew Sorenson
Career - 35-15 / 1-4

2009 - 10 Season - 12-2 / 0-1

Kaye Young/NIACC Open (1st place)
 Jordan Hancock (Dana) W-F, 1:55
 Dakota Halligan (Grandview) W-F, 1:12
 Derek Stolarzyk (Upper Iowa) W-D, 5-3
 Bryce Lumzy (Lincoln College) W-D, 3-1

Harold Nichols/Cyclone Open (1st place)
 Nick Flynn (SDSU) W-F, 1:17
 Kyle Detmer (OU-Unatt.) W-F, 6:27
 Derek Hahn (Minn. State-Mankato) W-F, 2:59
 Derek St. John (Iowa) W-D, 7-5
 Brett Robbins (UNI-Unatt.) W-D, 8-2

Kaufman-Brand Open (2nd place)
 Darren Olsen (Minn. State-Mankato) W-F, 2:16
 Brian Easterling (Chadron State) W-F, 4:51
 Vince Salminen (NDSU) W-D, 9-3
 Matt Ballweg (Iowa) L-D, 7-2
 Aaron Janssen (Iowa) L-D, 8-6

Jake Varner
Career - 97-10 / 48-4

2009 - 10 Season - 7-0 / 2-0

Tyler Sorenson (SDSU) W-MD, 13-4
Harold Nichols/Cyclone Open (1st place)
 Vinny Campanile (Ellsworth) W-F, 2:59
 Carl Foreside (ICCC) W-F, 0:55
 Byron Tate (Wartburg) W-F, 2:49
 Jacob Marrs (Nebraska-Omaha) W-MD, 8-0
 Tyler Sorenson (SDSU) W-F, 2:27

NWCA All-Star Classic
 Craig Brester (Nebraska) W-D, 5-3*
 Chad Beatty (Iowa) W-MD, 12-4

Jerome Ward
Career - 27-13 / 13-6

2009 - 10 Season - 5-1 / 1-0

Harold Nichols/Cyclone Open (2nd place)
 Drew Good (Ellsworth) W-F, 3:36
 Ryan Loder (UNI-Unatt.) W-D, 9-5
 Vinne Wagner (Iowa) W-D, 3-2
 Joe Curran (ISU) W-D, 3-2
 Grant Gambrell (Iowa) L-D, 6-2
 Phillip Keddy (Iowa) W-D, 5-3

David Zabriskie
Career - 96-20 / 48-6

2009 - 10 Season - 6-0 / 2-0

Jeremy Swier (SDSU) W-F, 4:17
Harold Nichols/Cyclone Open (1st place)
 Tyler Porras (Lindenwood) W-F, 6:46
 Bryce Boehm (Unatt.) W-D, 4-0
 Brady Wilson (Minn. State-Mankato) W-D, 5-0
 John Helgerson (Wartburg) W-D, 3-0
NWCA All-Star Classic
 Mitch Montiero (Cal State-Bakersfield) L-D, 6-3*
 Blake Rasing (Iowa) W-D, 3-1 (SV)