

IOWA STATE WRESTLING

2009-10 SCHEDULE

November

Nov. 12 South Dakota State W, 43-3

Nov. 14 Harold Nichols/Cyclone Open 7 Titles

Nov. 21 at Omaha Open 1 Title

December

Dec. 6 Iowa% L, 16-18

Dec. 19 at Northern Iowa W, 42-0

Dec. 29-30 at Midlands Championships All Day
(Evanston, Ill.)

January

Jan. 3 at Minnesota 2 p.m.

Jan. 9-10 at National Duals All Day
(Cedar Falls, Iowa)

Jan. 16 Illinois 7 p.m.

Jan. 22 at Oklahoma* 7 p.m.

Jan. 24 at Oklahoma State* 2 p.m.

Jan. 31 at Cornell 1 p.m.

February

Feb. 7 at Arizona State TBA

Feb. 14 Missouri* 2 p.m.

Feb. 21 Nebraska* 2 p.m.

March

March 6 at Big 12 Championships All Day
(Lincoln, Neb.)

March 18-20 at NCAA Championships All Day
(Omaha, Neb.)

Home Matches In Bold

All Times Central

All Home Matches at Hilton Coliseum

* denotes Big 12 Conference Opponent

% denotes Hy-Vee Cy-Hawk Series

No. 2 Cyclones Twist Into Evanston for the Midlands

NO. 2 IOWA STATE (2-1) AT THE MIDLANDS CHAMPIONSHIPS



Sat., Dec. 29-30 Evanston, Ill. • Welsh-Ryan Arena
Dec. 29 - Session One: 9:30 a.m. • Session Two: 7 p.m.
Dec. 30 - Session Three: Noon • Final Session: 7 p.m.



Live Stats available at cyclones.com

Television: Big Ten Network (Finals, tape delay)

Talent: Tim Johnson, Jim Gibbons, Jake Herbert

Sun., Jan. 3, 2010, 6 p.m. CST

Cyclone Notebook

- Iowa State returns to the Midlands Championships in Evanston, Ill., after taking team runner-up honors the last two seasons (2007, 08) and winning the team title in 2006.
- The Cyclones are 2-1 in the 2009-10 season with the dual victories coming Nov. 12 in Hilton Coliseum over South Dakota State (43-3) and Dec. 19 at UNI, 42-0.
- ISU is currently ranked 2/2 in the InterMat and *W.I.N. Magazine* polls, respectively.
- Iowa State is 992-262-20 all-time in duals, dating back to 1916.
- The Cyclones are coming off a third-place showing at last year's NCAA Championships.
- Iowa State returns four grapplers who earned All-America honors in at the 2009 NCAA Championships: Nick Gallick (141), Jon Reader (165), Jake Varner (197) and David Zabriskie (HWT). ISU 133-pounder Nick Fanthorpe was an All-American in 2008.

NO. 2/2 IOWA STATE CYCLONES

Midlands Probable Competitors

Weight	Ranking	Name	Year	Hometown	2009-10 Overall/Dual Record
125		Dallas Collier	Fr.	Aiea, Hawaii	3-8/0-1
125		Trevor Dearden*	RFr.	Salem, N.H.	7-2/0-0
125	13/11	Andrew Long	RFr.	Creston, Iowa	10-1/1-1
133	5/6	Nick Fanthorpe	Sr.	Naperville, Ill.	2-1/2-1
141		Dalton Jensen	So.	Missouri Valley, Iowa	9-3/1-0
141		Max Mayfield	RFr.	Davenport, Iowa	0-0/0-0
149		Justin Hale	Sr.	Bloomington, Ill.	11-7/0-0
149	13/13	Mitch Mueller	Sr.	Iowa City, Iowa	11-2/2-1
157		Nate Carr, Jr.	Jr.	Gray, Ga.	4-1/1-0
157		Andrew Sorenson	So.	Woden, Iowa	13-2/1-1
157		Trent Weatherman*	Fr.	Maxwell, Iowa	12-1/0-0
165		Mike Finch	So.	Hartley, Iowa	6-4/0-0
165	3/3	Jon Reader	Jr.	Davison, Mich.	7-0/3-0
174	11/15	Duke Burk	Sr.	Peoria, Ill.	7-1/2-1
184		Boaz Beard*	Fr.	Wichita, Kan.	0-0/0-0
184	12/9	Jerome Ward	So.	Evergreen Park, Ill.	6-1/2-0
197		Kyle Simonson	So.	Algona, Iowa	9-4/0-0
197	1/1	Jake Varner	Sr.	Bakersfield, Calif.	8-0/3-0
HWT	5/6	David Zabriskie	Sr.	Branchville, N.J.	7-0/3-0

Rankings: InterMat (12/22/09), *W.I.N. Magazine* (12/14/09)

*denotes unattached

Head Coach: Kevin Jackson

Assistant Coaches: Chris Bono and Yero Washington

Volunteer Coach: Nate Gallick

Director of Operations: Molly Donnelly

CYCLONES ON THE WEB

All Iowa State home wrestling matches are broadcast on the Clone Zone and special features are available on the 2009-10 Cyclone wrestling squad. Fans can also access statistics, results and dual recaps at cyclones.com.



Contact **Patrick Crawford, Student Communications Assistant**

Iowa State University Athletics Jacobson Athletic Building Ames, IA 50011-1140 515-294-3372 cyclones.com

Head Coach Kevin Jackson



Former Olympic gold medalist and two-time World Champion Kevin Jackson was named Iowa State's head wrestling coach on May 1, 2009

Jackson captured gold medals at the 1992 Olympic Games in Barcelona, Spain and at the

World Championships in both 1991 (Varna, Bulgaria) and 1995 (Atlanta). He is one of just five wrestlers in U.S. history with three career world-level titles. Jackson is a member of the FILA International Wrestling Hall of Fame, the United States National Wrestling Hall of Fame (as a distinguished member) and the Iowa State University Athletics Hall of Fame (2007 inductee).

Jackson served eight years (2001-08) as the National Freestyle Coach for USA Wrestling. His 2001 freestyle team won the World Cup, the 2003 team placed second and the 2006 squad finished third at that meet.

As a college wrestler, he attended Louisiana State and earned All-America honors three times before the school dropped the sport. He transferred to Iowa State for his senior year and captained the Cyclones' last NCAA championship team (1987), earning another All-America award with a NCAA runner-up finish and registering a 30-3-1 record.

After college, Jackson won two Pan American Games titles and was a member of World Championship teams for the United States in both 1993 and 1995. He won three U.S. National Titles and placed second five times. Jackson also became the first American to win the prestigious Takhti Cup (1998) in Tehran, Iran.

Jackson's success earned him a number of major awards, including the 1995 John Smith Award as National Freestyle Wrestler of the Year, 1992 Amateur Wrestling News Man of the Year and 1991 USA Wrestling and USOC Wrestler of the Year.

Jackson Career Totals

Year	School	Record	Pct.
2009-10	Iowa State	2-1	.666

ISU: overall (2-1, .666) conf. (0-0, .000)

TOTAL: Same

Iowa State at the Midlands Championships

- Last season, Iowa State advanced five wrestlers to the finals of the Midlands Championships, only to go 0-5 in the round. Three of the finalists (Nick Fanthorpe, Jon Reader and Jake Varner) return for this year's edition of the Midlands.
- Per Midlands tournament rules, a team designates 10 scorers on its roster. The wrestlers do not need to be at 10 different weights.
- ISU last crowned a Midlands individual titlist in 2007 when Varner brought home top-honors at 184 pounds.
- Cyclones Nick Gallick and David Zabriskie were the definition of "wrestle-back warriors" at last year's event. Both wrestlers suffered early-round losses but bounced back to place third at 141 pounds and heavyweight, respectively.
- In program history, ISU has secured Midlands team trophies in 1965, 1967, 1970, 1971, 1972, 1981 and 2006.
- Iowa State has notched team runners-up accolades 10 times since the Midlands Championships began in 1963.
- The Cyclones took the 2006 team title with 154.5 points and a finals appearance by Fanthorpe at 125 pounds.

2008 Midlands Championships (Team Runners-up)

Dec. 29-30 - Welsh-Ryan Arena, Evanston, Ill.

Placewinners

125-pound championship – Brandon Precin (Northwestern) dec. Tyler Clark (ISU), 3-2

133-pound championship – Daniel Dennis (Iowa) dec. Nick Fanthorpe (ISU), 4-3

141-pound third-place match – Nick Gallick (ISU) won by medical forfeit

141-pound fifth-place match – Ryan Williams (Old Dominion) pinned Dalton Jensen (ISU), 1:32

157-pound championship – Chris Bono (CTD WC) dec. Cyler Sanderson (ISU), 4-2 (TB1)

165-pound championship – Ryan Morningstar (Iowa) dec. Jon Reader (ISU), 5-4 (TB1)

184-pound fifth-place match – Jordan Blanton (Illinois) dec. Jerome Ward (ISU), 3-2

197-pound championship – Dallas Herbst (Wisconsin) dec. Jake Varner (ISU), 2-1

197-pound seventh-place match – Hudson Taylor (Maryland) pinned Kyle Simonson (ISU), 1:25

HWT third-place match – David Zabriskie (ISU) dec. Dom Bradley (Missouri), 5-2

Scouting the Midlands Championships

- The 47th Annual Midlands Championships, hosted by Northwestern University in Evanston, Ill., is an invitational/open-style tournament that features some of the best and most prestigious wrestling programs in the nation.
- Nine teams ranked in the top-25 by the NWCA/USA Today Division I coaches poll will take part in the event.
- Top-ranked Iowa will be followed into action by No. 2 ISU. Sixth-ranked Central Michigan and seventh-ranked Maryland are also competing.
- Big 12 counterpart Missouri brings its 17th-ranked squad to action, as well.
- Several of the top wrestlers in the nation will be competing in Welsh-Ryan Arena. Top-ranked wrestlers (according to *W.I.N. Magazine*) include: Michigan State's 133-pounder, Franklin Gomez; Iowa's 149-pounder, Brent Metcalf; Missouri's Max Askren at 184 pounds and the Cyclones' 197-pounder, Jake Varner.
- Other notable competitors include: Central Michigan's Mike Miller (national runner-up for CMU at 184 pounds); Maryland's Hudson Taylor (two-time third-place finisher at 197 pounds at the NCAA Championships); Andrew Howe of Wisconsin (2009 165-pound national runner-up) and post-collegiate grappler Aaron Anspach (HWT) of the Nittany Lion Wrestling Club. Anspach was a 2007 NCAA finalist.

Cyclones Spotted Heavily in the Midlands Pretournament Rankings

- Eight of the 10 weights being contested at the Midlands Championships have an ISU wrestler receiving a pretournament ranking.
- Returning NCAA champion Jake Varner is the top-ranked competitor in the 197-pound division. Varner was a finalist in the Midlands last season.
- Two-time All-American Jon Reader is ranked second at 165 pounds, behind NCAA finalist Wisconsin's Andrew Howe. Cyclone 133-pound All-American Nick Fanthorpe is also ranked second.
- The seedings may change when the finalizations for the event are determined at the Dec. 28 coaches meeting.

**NWCA/USA TODAY
DIVISION I TEAM COACHES POLL
12/22/09**

Rank	School	Total Points
1.	Iowa	275
2.	Iowa State	262
3.	Ohio State	248
4.	Oklahoma State	239
5.	Central Michigan	237
6.	Minnesota	214
7.	Cornell	206
T8	Boise State	192
T8	Maryland	192
10.	Oklahoma	184
11.	Lehigh	170
12.	Indiana	147
13.	Kent State	142
14.	Nebraska	125
15.	Penn State	121
16.	Edinboro	99
17.	Missouri	98
18.	Wisconsin	88
19.	Cal Poly	76
20.	Illinois	62
21.	Pittsburgh	60
22.	Arizona State	48
23.	Virginia	39
24.	Old Dominion	16
25.	Oregon State	11

Other Receiving Votes: Bloomsburg, Purdue, Rutgers, Virginia Tech, Wyoming

**W.I.N. MAGAZINE
DUAL TEAM RANKING
12/14/09**

Rank	School (Previous)	Record
1.	Iowa (1)	7-0
2.	Iowa State (2)	1-1
3.	Ohio State (3)	5-0
4.	Oklahoma State (4)	1-1-1
5.	Minnesota (5)	3-1
6.	Central Michigan (6)	5-0
7.	Maryland (7)	7-1
8.	Boise State (8)	4-0
9.	Lehigh (9)	6-2
10.	Nebraska (10)	5-2
11.	Oklahoma (11)	4-0-1
12.	Cornell (12)	0-1
13.	Indiana (13)	8-0
14.	Cal Poly (15)	2-0
15.	Penn State (14)	5-1-1
16.	Arizona State (16)	3-2
17.	Virginia (17)	7-1
18.	Kent State (19)	4-0
19.	Edinboro (18)	2-2
20.	Oregon State (20)	6-1
21.	Pittsburgh (22)	6-1-1
22.	Virginia Tech (21)	6-1
23.	Missouri (23)	1-2
24.	Wisconsin (24)	2-3
25.	Old Dominion (25)	0-1

No. 2 Cyclones Tough on Offense to Blank UNI, 42-0

- The second-ranked Iowa State wrestling team scored its biggest-ever victory over Northern Iowa Dec. 19, beating the Panthers 42-0 in West Gym. ISU's first shutout of UNI in 43 years came via bonus-point victories in seven of the 10 bouts.
- A boisterous contingent of visiting Cyclone fans urged the ISU squad on to its second dual victory of the 2009-10 campaign, to improve to 2-1. UNI dropped to 3-6.
- The dual victory was ISU's first shutout of the Panthers since 1966 (35-0). ISU is 52-16 all-time against UNI.
- Sophomore Dalton Jensen, a native of Missouri Valley, Iowa, had to wait until the end of the dual to score the most points for the Cyclone squad. Jensen, filling in for two-time All-American Nick Gallick at 141 pounds, cradled UNI's Alec Hoffman in 1:17 to notch a pin and six team points for Iowa State.

No. 2 ISU Drops Close Dual to No. 1 Iowa, 18-16

- Bonus points turned out to be the difference as the second-ranked Iowa State wrestling team dropped a close dual to top-ranked Iowa, 18-16. The Cyclones split the 10 contested weight classes with the Hawkeyes, 5-5, Dec. 6 at Hilton Coliseum.
- A crowd of 11,137 fans clamored into the rafters of Hilton to see the No. 1 versus No. 2 mat matchup. Fans were treated to an exciting Hilton setup as the wrestling action was elevated into the air by a four-foot stage.

Reader and Varner Victorious at All-Star Classic

- Three-time NCAA finalist Jake Varner and two-time All-America honoree Jon Reader won their respective matches at the 44th annual edition of the NWCA All-Star Classic on Cal State-Fullerton's campus.
- Reader scored a bonus-point victory over Bucknell's Andy Rendos, 11-2 at 165 pounds. The ISU junior decisioned Rendos at both the 2008 and 2009 NCAA Championships.
- Top-ranked Varner wrestled to his third career victory at the All-Star event. The ISU senior 197-pounder controlled Nebraska's Craig Brester by decision, 5-3.
- ISU's David Zabriskie fell at heavyweight to Cal State-Bakersfield's Mitch Montiero, 6-3.
- ISU has had 68 participants in the All-Star Classic since its inception in 1967. The mark ranks third behind Oklahoma State (81) and Iowa (74).

Long Wins, Iowa State Wrestles Strong in Omaha

- Iowa State crowned one champion (Long; 125) and six placewinners in the two respective divisions at the Kaufman-Brand Open on the campus of Nebraska-Omaha Nov. 21. The competition was split into two divisions, as participating wrestlers competed in elite and amateur brackets.

ISU WRESTLING QUICK FACTS

Iowa State University

President Dr. Gregory L. Geoffroy
 Director of Athletics..... Jamie Pollard
 Faculty Rep..... Paula Morrow
 Location Ames, Iowa
 Founded..... 1858
 Nickname..... Cyclones
 Colors Cardinal and Gold
 Affiliation..... Division I
 Conference Big 12
 Enrollment 27,945
 Arena Hilton Coliseum (7,914 / 14,356)
 Athletics web site..... cyclones.com
 University web site..... iastate.edu

Coaching Staff

Head Coach Kevin Jackson
 Record at Iowa State (years)..... 2-1 (First year)
 Assistant Coach..... Chris Bono
 Assistant Coach..... Yero Washington
 Volunteer Coach..... Nate Gallick
 Director of Wrestling Operations..... Molly Donnelly

Team Information

2008-09 Dual Record 15-3
 2008-09 Big 12 Conference Dual Record 3-1
 2009 Big 12 Championship Finish T-1st
 2009 NCAA Championships Finish..... 3rd
 Starters Returning/Lost..... 8/2
 NCAA Qualifiers Returning/Lost 8/2
 All-Americans Returning/Lost 5/1

Team History

First Year of Wrestling 1916
 All-Time Record 990-262-20 (.786)
 NCAA Team Championships 8
 1933 (tied Oklahoma A&M), 1965, 1969
 1970, 1972, 1973, 1977, 1987
 Conference Championships..... 15
 1933, 1937, 1941, 1947, 1958
 1970, 1976, 1977, 1979, 1980
 1982, 1987 (tied Oklahoma State)
 2007, 2008, 2009 (tied Nebraska)

INTERMAT POLL
Top-Ranked Individuals
12/22/09

125	Troy Nickerson	Sr.	Cornell
133	Franklin Gomez	Sr.	Michigan State
141	Reece Humphrey	Sr.	Ohio State
149	Brent Metcalf	Sr.	Iowa
157	J.P. O'Connor	Sr.	Harvard
165	Jarrold King	Sr.	Edinboro
174	Mack Lewnes	Jr.	Cornell
184	Max Askren	Sr.	Missouri
197	Jake Varner	Sr.	Iowa State
HWT	Konrad Dudziak	Sr.	Duke

W.I.N. MAGAZINE POLL
Top-Ranked Individuals
12/14/09

125	Troy Nickerson	Sr.	Cornell
133	Franklin Gomez	Sr.	Michigan State
141	Nick Gallick	Sr.	Iowa State
149	Brent Metcalf	Sr.	Iowa
157	Jordan Burroughs	Sr.	Nebraska
165	Jarrold King	Sr.	Edinboro
174	Jay Borschel	Sr.	Iowa
184	Max Askren	Sr.	Missouri
197	Jake Varner	Sr.	Iowa State
HWT	Konrad Dudziak	Sr.	Duke

CURRENT IOWA STATE
CAREER WINS LEADERS

1.	Jake Varner	Sr.	98-10
T2	David Zabriskie	Sr.	97-20
T2	Nick Gallick	Sr.	97-28
4.	Nick Fanthorpe	Sr.	84-24
5.	Mitch Mueller	Sr.	77-40

Iowa State Wrestlers Win Seven Harold Nichols Titles

- Cyclone wrestlers took seven individual crowns at the Harold Nichols/Cyclone Open Nov. 14 at the Lied Recreation Center on ISU's campus.
- ISU wrestlers went a combined 78-27 over the entire tournament.
- Cyclones Andrew Long (125), Mitch Mueller (149), Andrew Sorenson (157), Jon Reader (165), Duke Burk (174), Jake Varner (197) and David Zabriskie (HWT) all won individual titles.

ISU Wrestlers Take Down SDSU 43-3 In Jackson's Debut

- The No. 2 Iowa State wrestling team was firing on all cylinders Nov. 12 in Hilton Coliseum. ISU handled South Dakota State 43-3 for the first dual win of Cyclone head coach Kevin Jackson's career.
- ISU made an impact with its offense in front of a home crowd of 2,528. The Cyclones recorded 29 takedowns to South Dakota State's four. ISU also counted heavily on back points in the contest, scoring six three-point nearfalls and seven two-point nearfalls.

Three Seniors Near 100 Wins For Their ISU Careers

- Iowa State's Jake Varner (98), Nick Gallick (97) and David Zabriskie (97) are on the threshold of reaching the 100-win plateau for their Cyclone careers.
- Over their first three seasons, each respective Iowa Stater has been victorious in no less than 27 matches.
- The current ISU seniors can be the 33rd, 34th and 35th members of Iowa State wrestling's prestigious 100-Win Club.

Varner On Path "Four" Greatness

- Iowa State 197-pounder Jake Varner could become ISU's second four-time NCAA finalist at the end of his final campaign. Cael Sanderson was ISU's first four-time finalist, with his four NCAA titles and undefeated 159-0 career record.
- Varner was a two-time finalist at 184 pounds as a freshman and sophomore before taking the title last year after moving up to 197 pounds.
- The native of Bakersfield, Calif. could finish as ISU's first two-time NCAA champion since Eric Voelker (86-89) accomplished the feat in 1987 and 1989 at 190 pounds.

Varner Competes at World Wrestling Championships

- ISU's three-time NCAA finalist Jake Varner went 2-1 in his first World Wrestling Championships Sept. 21. Varner received a draw in the first round of action and then proceeded to edge Hungary's Daniel Ligeti 1-2, 2-0, 1-0. He then blanked Takao Isokawa of Japan 1-0, 1-0 to advance to the 96-kg quarterfinals. Varner was dropped in quarterfinal action by 2007 World silver medalist Saeid Abrahami of Iran in straight matches, 0-1, 0-1.

2009-10 DUAL STATS

Weight	Name	Takedowns	Two-Point NF	Three-Point NF	Reversals	Escapes
125	Dallas Collier	0	0	0	0	3
125	Andrew Long	7	0	2	0	6
133	Nick Fanthorpe	9	2	1	0	5
141	Nick Gallick	8	1	0	0	2
141	Dalton Jensen	1	0	0	0	0
149	Mitch Mueller	16	1	0	0	1
157	Nate Carr Jr.	2	0	1	0	1
157	Andrew Sorenson	5	0	1	0	5
165	Jon Reader	7	4	2	0	1
174	Duke Burk	5	2	2	0	5
184	Joe Curran	7	0	2	0	2
184	Jerome Ward	2	0	0	0	1
197	Jake Varner	13	1	0	0	4
HWT	David Zabriskie	6	3	0	1	3
Team Totals		88	14	11	1	39
Opponent		26	0	1	2	64

2009-10 IOWA STATE WRESTLING INDIVIDUAL MATCH-BY-MATCH RESULTS



Duke Burk
Career - 26-10 / 10-5

2009 - 10 Season - 7-1 / 2-1
 Joe Rasmussen (SDSU) W-TF, 16-1 (3:21)

Harold Nichols/Cyclone Open (1st place)
 Nolan McBryde (OU-Unatt.) W-TF, 17-2 (5:58)
 Riley Banach (UNI-Unatt.) W-TF, 19-4 (5:59)
 James Nakashima (Nebraska) W-MD, 13-3
 Ethan Lofthouse (Iowa-Unatt.) W-D, 3-1
 Chris Spangler (ISU) W-D, 3-1
 Jay Borschel (Iowa) L-D, 10-4
 Jarion Beets (UNI) W-D, 7-5

Nate Carr Jr.
Career - 17-7 / 2-0

2009 - 10 Season - 4-1 / 1-0
 Nick Flynn (SDSU) W-MD, 9-1

Harold Nichols/Cyclone Open
 Darren Olsen (Minn. State-Mankato-Unatt.) W-D, 9-3
 Josh Calteux (Wartburg) W-TF, 22-7 (5:59)
 Jake Johnson (Lindenwood) W-D, 3-1
 Brett Robbins (UNI-Unatt.) L-Med. Def.

Dallas Collier
Career - 3-8 / 0-1

2009 - 10 Season - 3-8 / 0-1
Kaye Young/NIACC Open
 Jurane Culbreath (Lincoln College) W-D, 8-3
 Johnny Coleman (Grandview-Unatt.) L-F, 4:31
 Austin Mogg (Buena Vista) L-F, 0:10
 Aaron Pickrel (SDSU) L-D, 9-3

Harold Nichols/Cyclone Open
 Tim Francisco (ILCC) L-F, 4:26
 Kyle Waldo (Nebraska) L-D, 7-2

Kaufman-Brand Open
 Joe Colon (ICCC) L-F, 5:45
 David Derno (Minn. State-Mankato-Unatt.) W-D, 6-5
 Jeff Vesta (NCCC-Unatt.) L-Med.Forf.

Jim Fox (Dubuque) Open (2nd place)
 Kory Kistner (Morningside) W-D, 4-2
 Cruse Aarhus (UNI) L-MD, 13-4

Trevor Dearden
Career - 7-2 / 0-0

2009 - 10 Season - 7-2 / 0-0
Kaye Young/NIACC Open (1st place)
 Robert Herrera (Ellsworth) W-F, 5:26
 Matt Chusitz (William Penn) W-F, 4:11
 Tyler Mumbelo (Upper Iowa-Unatt.) W-Med. Forf

Harold Nichols/Cyclone Open
 Venel Rene (Wartburg) W-F, 4:04
 Robert Herrera (Ellsworth) L-D, 9-8
 Andy Forstner (Minn. State-Mankato) W-F, 4:32
 Jeremiah Barkac (NIACC-Unatt.) W-F, 3:55
 Cruse Aarhus (UNI) W-MD, 12-3
 Aaron Pickrel (SDSU) L-D, 6-3

Nick Fanthorpe
Career - 84-24 / 41-11

2009 - 10 Season - 2-1 / 2-1
 South Dakota State W-Forf.
 Daniel Dennis (Iowa) L-D, 10-8 (SV)
 Ryan Jauch (UNI) W-TF, 22-5 (6:47)

Mike Finch
Career - 17-11 / 0-0

2009 - 10 Season - 6-4 / 0-0
Kaye Young/NIACC Open (2nd place)
 Josh Ghobadpoor (Dana) W-F, 3:56
 Bryce Skaggs (Grandview-Unatt.) W-Med. Forf.
 Darren Manning (Upper Iowa-Unatt.) W-F, 4:36
 Chris Spangler (ISU) No match

Harold Nichols/Cyclone Open
 Mark Fiala (Unatt.) W-D, 12-8*
 Ethan Lofthouse (Iowa-Unatt.) L-D, 7-3
 Nolan McBryde (OU-Unatt.) L-D, 5-4

Kaufman-Brand Open
 Eric Decker (Old Dominion) W-D, 5-2
 Luke Rynish (Wisconsin-Platteville) L-D, 5-1
 Matt Morris (Augustana, S.D.) W-MD, 10-0

Ben Becker (Minn. State-Mankato) W-D, 4-0
 Scott Glasser (Minnesota) L-D, 6-5

Nick Gallick
Career - 97-28 / 38-14

2009 - 10 Season - 5-0 / 2-0
 Dustin Walraven (SDSU) W-MD, 14-2

Harold Nichols/Cyclone Open
 Kalen Lenz (Wartburg-Unatt.) W-MD, 20-4
 Tim Chavez (Nebraska-Omaha) W-TF, 17-2 (6:59)
 Wilson Metellus (Lindenwood) W-D, 2-1
 Mario Morgan (Unatt.) L-Med. Forf.*
 Dan LeClere (Iowa) W-D, 8-6 (SV)

Justin Hale
Career - 19-13 / 0-0

2009 - 10 Season - 11-7 / 0-0
Kaye Young/NIACC Open (Third place)
 Jarrett Payne (Grandview-Unatt.) W-MD, 12-1
 Jon Rivera (NIACC-Unatt.) W-D, 11-7
 Trent Weatherman (ISU) L-MD, 13-3
 Jon Casas (NIACC-Unatt.) W-D, 4-2
 Ruben Perez (Ellsworth) W-D, 6-5

Harold Nichols/Cyclone Open
 Nick Hagar (SDSU) W-D, 8-2
 Sam Schmitz (Lindenwood) L-D, 7-4
 Jesse Westphal (Minn. State-Mankato) W-D, 6-2
 Cole Zemple (UNI) W-MD, 12-2
 T.J. Moen (Wartburg) L-D, 4-3
 Brendon Parker-Risk (ICCC) L-D, 6-5

Kaufman-Brand Open
 Ethan Sebert (Iowa-Unatt.) W-D, 7-3
 Esai Dominguez (Nebraska-Omaha) L-D, 4-3
 Jerret Chiri (Iowa-Unatt.) W-D, 6-1
 Cam Watkins (Old Dominion) W-D, 6-2
 Mitch Mueller (ISU) L-MD, 15-7
 Colby Robinson (Central Oklahoma) L-D, 6-1

Dalton Jensen
Career- 29-10 / 1-2

2009 - 10 Season - 9-3 / 1-0
Harold Nichols/Cyclone Open (3rd place)
 Ben Lieben (Grand View-Unatt.) W-F, 3:37
 Kendrick Maple (OU-Unatt.) W-MD, 11-2
 Nick Coffman (Grand View) W-MD, 11-1
 Joey Slaton (Iowa-Unatt.) L-D, 10-3
 Kendrick Maple (OU-Unatt.) W-F, 3:45
 Dustin Walraven (SDSU) W-TF, 16-1

Kaufman-Brand Open (5th place)
 Geoff Martin (NDSU) W-TF, 18-1, 4:33
 Mike Koehline (Nebraska) W-D, 11-6
 Mario Morgan (Nebraska-Omaha-Unatt.) L-D, 6-4
 Jimmy Savala (Chadron State) L-D, 5-3
 Cole VanOhlen (Air Force) W-Med. Forf.
 Alec Hoffman (UNI) W-F, 1:17

Andrew Long
Career - 10-1 / 1-1

2009 - 10 Season - 10-1 / 1-1
Harold Nichols/Cyclone Open (1st place)
 Jeremiah Barkac (NIACC-Unatt.) W-F, 3:49
 Joe Colon (ICCC) W-D, 19-12
 Aaron Pickrel (SDSU) W-MD, 14-1
 Pat Hunter (ICCC) W-MD, 17-4
 JJ Krutsinger (Iowa) W-MD, 11-2

Kaufman-Brand Open (1st place)
 Andrew Zwerlein (Air Force) W-MD, 14-3
 Justin Solberg (NDSU) W-TF, 23-8, 4:43
 Aaron Pickrel (SDSU) W-MD, 16-4
 JJ Krutsinger (Iowa) W-MD, 14-6
 Matt McDonough (Iowa) L-D, 13-7
 Terrance Young (UNI) W-TF, 19-4 (6:46)

Mitch Mueller
Career - 77-40 / 31-20

2009 - 10 Season - 11-2 / 2-1
 Nick Hagar (SDSU) W-D, 12-5

Harold Nichols/Cyclone Open (1st place)
 David Fuller (Wartburg-Unatt.) W-TF, 20-4, 6:59
 Ethan Pierson (ILCC) W-TF, 26-1, 5:59
 Brendon Parker-Risk (ICCC) W-MD, 16-6

T.J. Moen (Wartburg) W-D, 3-2
 Sam Schmitz (Lindenwood) W-D, 8-2

Kaufman-Brand Open (3rd place)
 Andrey Patselov (NDSU) W-MD, 11-3
 Alec Williams (Air Force) W-MD, 12-4
 Jason Pyle (Luther) L-D, 9-8
 Justin Hale (ISU) W-MD, 15-7
 Esai Dominguez (Nebraska-Omaha) W-D, 5-3
 Brent Metcalf (Iowa) L-F, 5:50
 Jamal Lawrence (UNI) W-MD, 22-8

Jon Reader
Career - 67-17 / 32-9

2009 - 10 Season - 7-0 / 3-0
 Weston Blasius (SDSU) W-F, 1:42

Harold Nichols/Cyclone Open (1st place)
 Dave Foxen (Iowa-Unatt.) W-TF, 17-2, 4:33
 Tyler Koehn (Nebraska) W-F, 2:44
 Tyler Caldwell (OU-Unatt.) W-F, 4:07
 Ryan Pankoke (Nebraska-Omaha) W-MD, 17-6

NWCA All-Star Classic
 Andy Rendos (Bucknell) W-MD, 11-2*
 Ryan Morningside (Iowa) W-D, 4-3
 David Bonin (UNI) W-TF, 19-4 (5:51)

Andrew Sorenson
Career - 36-15 / 2-4

2009 - 10 Season - 13-2 / 1-1
Kaye Young/NIACC Open (1st place)
 Jordan Hancock (Dana) W-F, 1:55
 Dakota Halligan (Grandview) W-F, 1:12
 Derek Stolarzyk (Upper Iowa) W-D, 5-3
 Bryce Lumzy (Lincoln College) W-D, 3-1

Harold Nichols/Cyclone Open (1st place)
 Nick Flynn (SDSU) W-F, 1:17
 Kyle Detmer (OU-Unatt.) W-F, 6:27
 Derek Hahn (Minn. State-Mankato) W-F, 2:59
 Derek St. John (Iowa) W-D, 7-5
 Brett Robbins (UNI-Unatt.) W-D, 8-2

Kaufman-Brand Open (2nd place)
 Darren Olsen (Minn. State-Mankato) W-F, 2:16
 Brian Easterling (Chadron State) W-F, 4:51
 Vince Salminen (NDSU) W-D, 9-3
 Matt Ballweg (Iowa) L-D, 7-2
 Aaron Janssen (Iowa) L-D, 8-6
 Tyson Reiner (UNI) W-MD, 13-3

Kyle Simonson
Career - 25-15 / 0-1

2009 - 10 Season - 9-4 / 0-0
Harold Nichols/Cyclone Open
 Luke Lofthouse (Iowa) L-D, 4-3
 Erik Hart (Lindenwood) W-F, 1:44
 Taylor Knight (NIACC-Unatt.) W-F, 3:45
 Blake Long (Nebraska-Omaha) W-F, 4:53
 Cameron Browne (Nebraska) W-D, 13-7
 Jacob Marrs (Nebraska-Omaha) L-MD, 11-2
 Byron Tate (Wartburg) W-MD, 14-2

Kaufman-Brand Open (5th place)
 Neil Delaney (Air Force) W-D, 5-4 (TB2)
 Jesse Strawn (Old Dominion) L-MD, 8-0
 Kazden Ikehara (Air Force) W-MD, 14-0
 Joe Nord (Minnesota) W-F, 0:40
 Luke Lofthouse (Iowa) L-D, 5-2
 Chance Rencontre (Fort Hays State) W-MD, 10-2

Jake Varner
Career - 98-10 / 49-4

2009 - 10 Season - 8-0 / 3-0
 Tyler Sorenson (SDSU) W-MD, 13-4

Harold Nichols/Cyclone Open (1st place)
 Vinny Campanile (Ellsworth) W-F, 2:59
 Carl Foreside (ICCC) W-F, 0:55
 Byron Tate (Wartburg) W-F, 2:49
 Jacob Marrs (Nebraska-Omaha) W-MD, 8-0
 Tyler Sorenson (SDSU) W-F, 2:27

NWCA All-Star Classic
 Craig Brester (Nebraska) W-D, 5-3*
 Chad Beatty (Iowa) W-MD, 12-4
 Dustin Bauman (UNI) W-MD, 13-4

2009-10 IOWA STATE WRESTLING INDIVIDUAL MATCH-BY-MATCH RESULTS



Jerome Ward
Career - 28-13 / 14-6

2009 - 10 Season - 6-1 / 2-0

Harold Nichols/Cyclone Open (2nd place)

Drew Good (Ellsworth)	W-F, 3:36
Ryan Loder (UNI-Unatt.)	W-D, 9-5
Vinne Wagner (Iowa)	W-D, 3-2
Joe Curran (ISU)	W-D, 3-2
Grant Gambrall (Iowa)	L-D, 6-2
Phillip Keddy (Iowa)	W-D, 5-3
Andy O'Loughlin (UNI)	W-D, 8-2

David Zabriskie
Career - 97-20 / 49-6

2009 - 10 Season - 7-0 / 3-0

Jeremy Swier (SDSU) W-F, 4:17

Harold Nichols/Cyclone Open (1st place)

Tyler Porras (Lindenwood)	W-F, 6:46
Bryce Boehm (Unatt.)	W-D, 4-0
Brady Wilson (Minn. State-Mankato)	W-D, 5-0
John Helgerson (Wartburg)	W-D, 3-0

NWCA All-Star Classic

Mitch Montiero (Cal State-Bakersfield)	L-D, 6-3*
Blake Rasing (Iowa)	W-D, 3-1 (SV)
Christian Brantley (UNI)	W-D, 6-1 (TB1)